

Åldersrekord – Pojkar (25m)				Uppdaterad 8/4-2018
	10 år och yngre	11 år	12 år	13 år
50fr	Johan Rydahl 00:31,86	Johan Rydahl 00:28,35	Johan Rydahl 00:25,96	Johan Rydahl 00:24,92
	5/11-2011	2/12-2012	21/9-2013	7/9-2014
100fr	Lex Albringer 01:13,80	Johan Rydahl 01:03,78	Johan Rydahl 00:56,86	Johan Rydahl 00:53,07
	12/11-2017	13/10-2012	21/9-2013	7/12-2014
200fr	Lex Albringer 02:40,48	Johan Rydahl 02:23,97	Johan Rydahl 02:08,33	Johan Rydahl 02:01,92
	11/11-2017	14/10-2012	12/10-2013	20/9-2014
400fr	Lex Albringer 05:30,75	Johan Rydahl 05:01,85	Johan Rydahl 04:27,09	Johan Rydahl 04:10,25
	9/9-2017	22/9-2012	21/9-2013	6/12-2014
800fr	Lex Albringer 11:35,36	Milos Jovancic 12:28,97	Johan Rydahl 09:28,84	Johan Rydahl 08:54,08
	9/9-2017	16/2-2013	15/12-2013	19/10-2014
1500fr	Lex Albringer 21:46,40	Alexander Vestin 22:39,97	Johan Rydahl 17,52,02	Johan Rydahl 16:48,32
	9/9-2017	20/10-2007	12/10-2013	10/19-2014
50br	Lex Albringer 00:43,51	Johan Rydahl 00:40,39	Johan Rydahl 00:34,59	Johan Rydahl 00:32,04
	2/12-2017	16/12-2012	7/9-2013	1/2-2014
100br	Lex Albringer 01:31,95	Simon Vestin 01:29,52	Johan Rydahl 01:10,77	Johan Rydahl 01:10,03
	11/11-2017	22/11-2003	7/12-2013	7/9-2014
200br	Lex Albringer 03:15,59	<b>Lex Albringer 03:12,86</b>	Johan Rydahl 02:45,79	Johan Rydahl 02:30,02
	26/11-2017	<b>4/3-2018</b>	12/10-2013	20/9-2014
50ry	Lex Albringer 00:39,07	Johan Rydahl 00:34,48	Johan Rydahl 00:30,33	Johan Rydahl 00:29,37
	7/10-2017	2/12-2012	12/10-2013	7/9-2014
100ry	Lex Albringer 01:25,59	Johan Rydahl 01:14,70	Johan Rydahl 01:04,37	Johan Rydahl 01:00,74
	9/9-2017	7/10-2012	7/12-2013	5/12-2014
200ry	Alexander Albringer 03:31,13	Adam Albringer 02:50,40	Johan Rydahl 02:34,86	Johan Rydahl 02:23,72
	9/9-2017	25/9-2010	12/10-2013	11/10-2014
50fj	Lex Albringer 00:37,35	Johan Rydahl 00:31,62	Johan Rydahl 00:29,35	Johan Rydahl 00:26,78
	12/11-2017	16/12-2012	7/9-2013	25/10-2014
100fj	Lex Albringer 01:30,97	Johan Rydahl 01:16,51	Johan Rydahl 01:04,20	Johan Rydahl 00:59,07
	12/11-2017	6/10-2012	8/12-2013	7/12-2014
200fj		Johan Rydahl 03:05,10	Johan Rydahl 02:39,11	Johan Rydahl 02:22,92
		14/10-2012	15/12-2013	11/10-2014
100me	Lex Albringer 01:21,35	Johan Rydahl 01:18,07	Johan Rydahl 01:12,92	Johan Rydahl 01:03,55
	15/10-2017	25/11-2012	19/1-2013	25/1-2014
200me	Lex Albringer 02:55,84	Johan Rydahl 02:44,44	Johan Rydahl 02:19,39	Johan Rydahl 02:13,15
	12/11-2017	7/10-2012	8/12-2013	25/10-2014
400me		Simon Vestin 06:11,88	Johan Rydahl 04:57,28	Johan Rydahl 04:46,06
		11/10-2003	15/12-2013	23/11-2014

	14 år	15 år	16 år	17 år
<b>50fr</b>	Johan Rydahl 00:23,91 4/11-2015	Johan Rydahl 00:24,19 7/2-2016	Johan Rydahl 00:23,86 2/12-2017	Simon Vestin 00:23,54 8/11-2009
<b>100fr</b>	Johan Rydahl 00:51,93 6/12-2015	Johan Rydahl 00:51,98 4/12-2016	Johan Rydahl 00:50,05 2/12-2017	Simon Vestin 00:53,00 26/9-2009
<b>200fr</b>	Johan Rydahl 01:54,40 5/12-2015	Johan Rydahl 01:53,69 4/12-2016	Johan Rydahl 01:49,97 1/12-2017	Victor Westerlund 01:53,55 29/11-2009
<b>400fr</b>	Johan Rydahl 04:09,86 4/11-2015	Axel Rebner 04:05,26 13/12-2009	Johan Rydahl 04:05,68 9/9-2017	Axel Rebner 04:03,12 24/11-2011
<b>800fr</b>	Johan Rydahl 08:42,25 6/12-2015	Johan Rydahl 08:34,61 17/9-2016	Johan Rydahl 08:27,34 2/11-2017	Oskar Olsson 08:50,46 24/11-2012
<b>1500fr</b>	Johan Rydahl 16:45,84 7/3-2015	Axel Rebner 16:06,33 8/11-2009	Axel Rebner 15,59,14 4/12-2010	Axel Rebner 16:03,60 5/2-2011
<b>50br</b>	Simon Vestin 00:32,44 25/11-2006	Johan Rydahl 00:30,52 7/11-2016	Simon Vestin 00:30,48 9/8.2008	<b>August Mathisen 00:29,92</b> <b>24/3-2018</b>
<b>100br</b>	Johan Rydahl 01:08,80 6/9-2015	August Mathisen 01:08,02 4/12-2016	August Mathisen 01:05,56 10/12-2017	<b>August Mathisen 01:05,17</b> <b>25/3-2018</b>
<b>200br</b>	Johan Rydahl 02:27,87 17/10-2015	August Mathisen 02:24,25 3/12-2016	Johan Rydahl 02:20,58 9/12-2017	Nils Ivars 02:24,43 2/12-2010
<b>50ry</b>	Johan Rydahl 00:27,62 8/11-2015	Johan Rydahl 00:26,77 8/11-2016	Johan Rydahl 00:26,90 15/10-2017	Alexander Vestin 00:26,69 24/11-2013
<b>100ry</b>	Johan Rydahl 00:59,00 7/11-2015	Johan Rydahl 00:57,88 3/12-2016	Johan Rydahl 00:55,78 9/12-2017	Erik Gissén 01:00,23 4/10-2009
<b>200ry</b>	Johan Rydahl 02:09,25 6/12-2015	Henrik Norén 02:08,61 ??/??-1994	Johan Rydahl 02:04,29 1/10-2017	Erik Gissén 02:09,81 27/9-2009
<b>50fj</b>	Johan Rydahl 00:26,03 5/9-2015	Johan Rydahl 00:25,54 6/2-2016	Johan Rydahl 00:24,51 1/13-2017	<b>Johan Rydahl 00:25,23</b> <b>24/3-2018</b>
<b>100fj</b>	Johan Rydahl 00:56,07 5/12-2015	Johan Rydahl 00:55,78 4/12-2016	Johan Rydahl 00:53,56 10/12-2017	<b>Johan Rydahl 00:55,11</b> <b>25/3-2018</b>
<b>200fj</b>	Johan Rydahl 02:19,76 7/3-2015	Axel Rebner 02:11,30 14/11-2009	Johan Rydahl 02:02,99 4/11-2017	Oskar Olsson 02:10,46 23/11-2012
<b>100me</b>	Johan Rydahl 01:00,82 30/1-2015	Johan Rydahl 00:59,44 16/10-2016	Johan Rydahl 00:58,06 21/10-2017	<b>Johan Rydahl 00:57,57</b> <b>24/3-2018</b>
<b>200me</b>	Johan Rydahl 02:09,97 6/12-2015	Johan Rydahl 02:09,05 3/12-2016	Johan Rydahl 02:02,52 9/12-2017	<b>Johan Rydahl 02:05,18</b> <b>10/3-2018</b>
<b>400me</b>	Johan Rydahl 04:42,83 14/11-2015	Johan Rydahl 04:45,15 13/11-2016	Johan Rydahl 04:27,60 15/10-2017	Oskar Holm 04:42,65 25/9-2010

	18 år	19 år	20 år	Klubbrekord
<b>50fr</b>	Elias Haglund 00:23,76 19/11-2014	Simon V/Erik G 00:23,54 30/10 och 9/4- 2011	Erik Gissén 00:23,06 29/1-2012	Nils Liedberg 00:22,79 24/1-1985
<b>100fr</b>	Elias Haglund 00:52,49 19/11-2014	Elias Haglund 00:52,25 8/11-2015	Erik Gissén 00:51,08 26/1-2012	Erik Gissén 00:49,89 8/11-2016
<b>200fr</b>	Victor Westerlund 01:54,14 25/9-2010	Erik Gissén 01:53,59 25/11-2011	Erik Gissén 01:50,52 27/10-2012	Johan Rydahl 01:49,97 1/12-2017
<b>400fr</b>	Victor Westerlund 04:02,06 25/9-2010	Victor Westerlund 04:03,46 3/2-2011	Erik Gissén 04:02,34 26/1-2012	Victor Westerlund 04.02,06 25/9-2010
<b>800fr</b>	Axel Rebner 08:28,28 24/11-2012	Simon Wanna 08:25,99 18/12-2015	Anton Björck-Teuscher 08:20,83 21/11-2013	Anton Björck-Teuscher 08:20,83 21/11-2013
<b>1500fr</b>	Erik Gissén 15:56,47 4/12-2010	Anton Björck-Teuscher 16:01,89 28/1-2012	Anton Björck-Teuscher 15:54,65 23/11-2013	Anton Björck-Teuscher 15:54,65 23/11-2013
<b>50br</b>	Simon Vestin 00:30,24 4/12.2010	Simon Vestin 00:30,10 10/4-2011	Nils Ivars 00:29,54 22/11-2013	Lars Axelsson 00:29,20 ??/?-1991
<b>100br</b>	Nils Ivars 01:06,32 4/11-2011	Nils Ivars 01:05,70 27/1-2012	Nils Ivars 01:04,84 21/11-2013	Nils Ivars 01:04,84 21/11-2013
<b>200br</b>	Nils Ivars 02:25,26 3/2-2011	Anton Björck-Teuscher 02:23,17 22/11-2012	Nils Ivars 02:20,75 20/11-2013	Johan Rydahl 02:20,58 9/12-2017
<b>50ry</b>	Anders Melin 00:27,49 23/11-2006	Erik Gissén 00:25,63 25/11-2011	Erik Gissén 00:26,16 28/1-2012	Anders Melin 00:24,87 26/11-2011
<b>100ry</b>	Herik Norén 00:57,17 ??/?-1997	Erik Gissén 00:56,33 27/11-2011	Erik Gissén 00:56,17 25/11-2012	Erik Gissén 00:53,91 7/11-2016
<b>200ry</b>	Erik Gissén 02:05,16 31/10-2010	Erik Gissén 02:02,89 25/11-2011	Erik Gissén 02:02,50 23/11-2012	Erik Gissén 01:57,46 6/11-2016
<b>50fj</b>	Alexander Vestin 00:26,35 19/1-2014	Erik Gissén 00:26,03 8/10-2011	Anders Melin 00:24,49 28/11-2008	Anders Melin 00:23,99 26/11-2009
<b>100fj</b>	Erik Gissén 00:57,79 25/9-2010	Erik Gissén 00:56,33 24/11-2011	Sebastian Persson 00:55,83 26/11-2006	Johan Rydahl 00:53,56 4/11-2017
<b>200fj</b>	Axel Rebner 02:05,09 23/11-2012	Oskar Holm 02:03,79 23/11-2012	Stefan Westerlund 02:05,49 4/4-1982	Johan Rydahl 02:02,99 4/11-2017
<b>100me</b>	Simon Vestin 00:59,40 30/10-2010	Simon Vestin 00:59,44 24/11-2011	Simon Vestin 01:00,16 27/10-2012	Erik Gissén 00:57,20 16/10-2016
<b>200me</b>	Oskar Holm 02:12,70 9/10-2011	Erik Gissén 02:06,84 26/11-2011	Anton Björck-Teuscher 02:14,61 8/9-2013	Johan Rydahl 02:02,52 9/12-2017
<b>400me</b>	Anton Björck-Teuscher 04:38,00 27/11-2011	Anton Björck-Teuscher 04:33,64 25/11-2012	Anton Björck-Teuscher 04:34,43 24/11-2013	Johan Rydahl 04:27,60 15/10-2017

	Åldersrekord – Flickor (25m)			
	10 år och yngre	11 år	12 år	13 år
<b>50 fr</b>	Miranda Wahlstedt 00:32,02 4/12-2016	Linnéa Englund 00:30,37 5/9-2014	Linnéa Englund 00:28,57 5/12-2015	Linnéa Englund 00:27,52 6/2-1016
<b>100 fr</b>	Miranda Wahlstedt 01:09,64 17/9-2016	Linnéa Englund 01:03,26 8/11-2014	Linnéa Englund 00:59,52 5/12-2015	Linnéa Englund 00:58,83 2/5-1016
<b>200 fr</b>	Miranda Wahlstedt 02:34,63 18/9-2016	Linnéa Englund 02:20,30 11/10-2014	Linnéa Englund 02:12,38 4/11-2015	Linnéa Englund 02:07,49 5/11-2016
<b>400 fr</b>	Joline Bakken 06:10,00 14/5-2015	Linnéa Englund 04:55,79 9/11-2014	Linnéa Englund 04:43,54 15/11-2015	Linnéa Englund 04:35,45 17/9-2016
<b>800 fr</b>		Linnéa Englund 10:35,44 11/10-2014	Sofie Olsson 10:12,57 8/11-2003	Sofie Olsson 10:12,38 4/9-2004
<b>1500 fr</b>			Elsa Bergsten 26:03,03 25/1-2002	<b>Joline Bakken 20:26,17</b> <b>28/1-2018</b>
<b>50 br</b>	Miranda Wahlstedt 00:41,67 4/12-2016	Linnéa Englund 00:35,24 7/12-2014	Linnéa Englund 00:33,21 7/11-2015	Linnéa Englund 00:32,96 2/5-1016
<b>100 br</b>	Miranda Wahlstedt 01:35,21 13/3-2016	Linnéa Englund 01:15,74 7/12-2014	Linnéa Englund 01:11,17 6/12-2015	Linnéa Englund 01:11,59 4/12-1016
<b>200 br</b>	Miranda Wahlstedt 03:16,28 17/9-2016	Linnéa Englund 02:48,19 25/10-2014	Linnéa Englund 02:36,32 4/11-2015	Linnéa Englund 02:42,52 5/11-1016
<b>50 ry</b>	Miranda Wahlstedt 00:38,61 4/12-2016	Joline Bakken 00:36,15 4/12-2016	Kristina Johansson 00:34,07 11/11-2000	Linnéa Englund 00:32,17 2/5-1016
<b>100 ry</b>	Miranda Wahlstedt 01:23,48 17/9-2016	Linnéa Englund 01:16,97 25/10-2014	Kristina Johansson 01:11,98 25/11-2000	Linnéa Englund 01:09,04 13/11-1016
<b>200 ry</b>	Miranda Wahlstedt 03:13,11 10/10-2015	Josefin Ericson 02:54,50 31/10-2010	Kristina Johansson 02:38,64 11/11-2000	Kristina Johansson 02:36,20 13/1-2001
<b>50 fj</b>	Josefin Ericson 00:37,97 22/11-2008	Linnéa Englund 00:31,74 25/10-2014	Linnéa Englund 00:30,41 17/10-2015	Linnéa Englund 00:29,67 2/5-1016
<b>100 fj</b>	Josefin Ericson 01:32,60 11/10-2009	Linnéa Englund 01:12,52 8/11-2014	Linnéa Englund 01:06,27 14/11-2015	Linnéa Englund 01:05,20 4/12-2016
<b>200 fj</b>	Josefin Ericson 03:33,48 10/10-2009		Isabelle Rydahl 02:57,33 19/9-2015	Ingrid Hellgren 03:00,26 15/10-2016
<b>100 me</b>	Miranda Wahlstedt 01:19,36 26/11-2016	Linnéa Englund 01:14,15 5/9-2014	Ronja Johansson-Eld 01:16,56 27/11-2005	Linnéa Englund 01:06,19 5/11-1016
<b>200 me</b>	Miranda Wahlstedt 02:56,72 18/9-2016	Linnéa Englund 02:35,21 25/10-2014	Linnéa Englund 02:24,71 5/12-2015	Linnéa Englund 02:23,62 3/12-1016
<b>400 me</b>	Josefin Ericson 06:50,09 10/10-2009	Joline Bakken 06:18,77 22/10-2016	Linnea Lindberg 05:48,48 21/10-2017	Linnéa Englund 05:36,11 21/8-1016

	14 år	15 år	16 år	17 år
50 fr	Linnéa Englund 00:27,58 5/2-2017	<b>Linnéa Englund 00:27,43</b> <b>4/2-2018</b>	Anna Johansson 00:28,32 29/4-2000	Linnéa Svärd 00:28,18 27/1-2012
100 fr	Linnéa Englund 00:58,73 24/9-2017	<b>Linnéa Englund 00:58,39</b> <b>2/2-2018</b>	Anna Johansson 00:59,88 29/4-2000	Anna Johansson 01:00,48 18/3-2001
200 fr	Linnéa Englund 02:05,86 9/12-2017	<b>Linnéa Englund 02:10,18</b> <b>3/2-2018</b>	Anna Johansson 02:10,99 30/11-2000	Anna Johansson 02:07,74 27/10-2001
400 fr	Isabelle Rydahl 04:39,88 23/9-2017	<b>Isabelle Rydahl 04:37,71</b> <b>4/2-2018</b>	Anna Johansson 04:36,66 30/11-2000	Anna Johansson 04:25,77 27/10-2001
800 fr	Linnéa Englund 09:45,80 12/11-2017	Anna Johansson 09:33,72 ??	Anna Johansson 09:12,47 25/11-2000	Anna Johansson 09:00,43 15/2-2001
1500 fr	Isabelle Rydahl 19:32,56 29/1-2017	Michelle Träff 20:19,51 29/1-2017	Michaela Thyberg 21:00,37 31/1-2016	Emma Hjort 19:53,16 29/1-2017
50 br	Linnéa Englund 00:31,82 4/11-2017	<b>Linnéa Englund 00:33,01</b> <b>4/2-2018</b>	Michaela Thyberg 00:35,44 11/6-2016	Michaela Thyberg 00:35,90 12/3-2017
100 br	Linnéa Englund 01:08,89 1/11-2017	<b>Linnéa Englund 01:10,71</b> <b>4/2-2018</b>	Michaela Thyberg 01:16,98 11/6-2016	Michaela Thyberg 01:17,83 11/3-2017
200 br	Linnéa Englund 02:30,09 10/12-2017	<b>Linnéa Englund 02:34,91</b> <b>3/2-2018</b>	Michaela Thyberg 02:46,87 15/10-2016	Michaela Thyberg 02:46,85 29/1-2017
50 ry	Clara Gustavson 00:32,22 4/2-2017	<b>Linnéa Englund 00:31,71</b> <b>3/2-2018</b>	Michaela Thyberg 00:32,56 16/10-2016	Michaela Thyberg 00:32,55 15/10-2017
100 ry	Kristina Johansson 01:09,11 19/10-2002	Michelle Träff 01:07,09 5/11-2017	Anna Johansson 01:10,20 29/4-2000	Anna Johansson 01:09,15 29/9-2001
200 ry	Kristina Johansson 02:29,54 19/10-2002	Michelle Träff 02:28,16 14/10-2017	<b>Michelle Träff 02:30,21</b> <b>4/2-2018</b>	Ajla Omic 02:32,44 11/9-2016
50 fj	Linnéa Englund 00:29,74 4/2-2017	<b>Linnéa Englund 00:29,69</b> <b>3/2-2018</b>	Cherie Ullström 00:29,92 ??/?-1993	Cherie Ullström 00:30,76 ??/?-1994
100 fj	Linnéa Englund 01:06,85 11/11-2017	<b>Isabelle Rydahl 01:09,96</b> <b>4/2-2018</b>	Anna Johansson 01:11,04 29/4-2000	Elvira Eklund-Ramböl 01:07,56 20/9-2014
200 fj	Isabelle Rydahl 02:31,08 15/10-2017	Anna Hjort 02:42,84 13/1-2001	Elvira Eklund-Ramböl 02:36,47 12/10-2013	Elvira Eklund-Ramböl 02:28,05 20/9-2013
100 me	Linnéa Englund 01:04,96 2/11-2017	<b>Linnéa Englund 01:05,88</b> <b>3/2-2018</b>	Ronja Johansson-Eld 01:10,75 4/4-2009	Elvira Eklund-Ramböl 01:10,82 20/9-2014
200 me	Linnéa Englund 02:19,94 1/11-2017	Maja Linderholm 02:34,29 10/4-2011	Maja Linderholm 02:33,60 1/4-2012	Anna Johansson 02:29,46 13/10-2001
400 me	Linnéa Englund 05:08,87 9/12-2017	Anna Hjort 05:40,80 23/2-2001	Ronja Johansson-Eld 05:30,42 4/4-2009	Elvira Eklund-Ramböl 05:28,59 11/10-2014

	18 år	19 år	20 år	Klubbrekord
50 fr	Elin Thörner 00:28,36 11/9-2016	Maria Larsson 00:28,13 4/5-2008	Elvira Eklund-Ramböl 00:28,43 12/3-2017	Kerstin Gustavsson 00:27,20 ??/?-1980
100 fr	Anna Johansson 01:00,37 9/2-2002	Anna Johansson 00:59,27 7/12-2003	Maria Larsson 01:00,16 2/5-2009	Kerstin Gustavsson 00:57,48 ??/?-1980
200 fr	Anna Johansson 02:07,82 28/11-2002	Elvira Eklund-Ramböl 02:08,37 5/11-2016	Maria Larsson 02:10,35 12/1-2009	Kerstin Gustavsson 02:04,87 ??/?-1980
400 fr	Anna Johansson 04:22,22 9/2-2002	Anna Johansson 04:25,13 21/1-2003	Maria Larsson 04:31,76 21/3-2009	Kerstin Gustavsson 04:21,21 ??/?-1980
800 fr	Anna Johansson 09:04,34 28/11-2002	Anna Johansson 09:04,87 21/1-2003	Maria Larsson 09:25,17 30/1-2009	Anna Johansson 09:00,43 5/2-2001
1500 fr	Sara Rydberg 19:14,20 17/1-2004	Maria Hedwall 18:46,77 17/4-2010		Kerstin Gustavsson 17:22,50 ??/?-1980
50 br	<b>Michaela Thyberg 00:35,28</b> 3/2-2018	Elvira Eklund-Ramböl 00:37,91 13/3-2016	Elvira Eklund-Ramböl 00:38,79 26/11-2017	Linnéa Englund 00:31,82 4/11-2017
100 br	<b>Michaela Thyberg 01:18,35</b> 3/2-2018	Elvira Eklund-Ramböl 01:20,92 5/5-2016	Elvira Eklund-Ramböl 01:21,21 26/11-2017	Linnéa Englund 01:08,89 1/11-2017
200 br	<b>Michaela Thyberg 02:48,37</b> 4/2-2018	Linda Jakobsson 03:06,87 17/1-2004		Linnéa Englund 02:30,09 10/12-2017
50 ry	Elvira Eklund-Ramböl 00:32,12 10/10-2015	Elvira Eklund-Ramböl 00:31,54 16/10-2016	Elvira Eklund-Ramböl 00:31,36 4/2-2017	Elvira Eklund-Ramböl 00:31,26 4/2-2017
100 ry	Elvira Eklund-Ramböl 01:08,28 4/11-2015	Elvira Eklund-Ramböl 01:07,65 8/11-2016	Elvira Eklund-Ramböl 01:09,83 4/2-2017	Michelle Träff 01:07,09 5/11-2017
200 ry	Elvira Eklund-Ramböl 02:33,71 7/3-2015	Anna Johansson 02:33,66 5/4-2003	Elvira Eklund-Ramböl 02:30,77 9/9-2017	Elisabeth Wiklund 02:28,04 ??/?-1978
50 fj	Elin Thörner 00:30,34 11/9-2016	Elvira Eklund-Ramböl 00:30,33 13/3-2016	Elvira Eklund-Ramböl 00:30,54 12/3-2017	Linnéa Englund 00:29,67 2/5-1016
100 fj	Elvira Eklund-Ramböl 01:06,56 19/9-2015	Elvira Eklund-Ramböl 01:07,05 11/9-2016	Elvira Eklund-Ramböl 01:08,60 14/10-2017	Ann Axelsson 01:02,67 29/11-1980
200 fj	Elvira Eklund-Ramböl 02:23,81 17/10-2015	Elvira Eklund-Ramböl 02:20,79 6/11-2016	Elvira Eklund-Ramböl 02:24,50 24/9-2017	Ann Axelsson 02:18,09 28/11-1980
100 me	Elvira Eklund-Ramböl 01:09,34 17/10-2015	Elvira Eklund-Ramböl 01:10,04 18/9-2016	Elvira Eklund-Ramböl 01:10,93 26/11-2017	Linnéa Englund 01:04,96 2/11-1017
200 me	Elvira Eklund-Ramböl 02:27,92 19/9-2015	Elvira Eklund-Ramböl 02:27,05 11/9-2016	Elvira Eklund-Ramböl 02:28,26 23/9-2017	Linnéa Englund 02:19,94 1/11-1017
400 me	Elvira Eklund-Ramböl 05:11,13 11/10-2015	Elvira Eklund-Ramböl 05:09,04 8/11-2016	Elvira Eklund-Ramböl 05:07,79 4/2-2017	Ann Axelsson 05:00,91 ??/?-1980

<b>Åldersrekord – Pojkar (50m)</b>				
	<b>10 år och yngre</b>	<b>11 år</b>	<b>12 år</b>	<b>13 år</b>
<b>50 fr</b>	Johan Rydahl 00:33,71 19/6-2011	Johan Rydahl 00:31,08 17/6-2012	Johan Rydahl 00:27,21 7/7-2013	Johan Rydahl 00:25,66 6/7-2014
<b>100 fr</b>	Lex Albringer 01:16,87 30/6-2017	Johan Rydahl 01:07,84 16/6-2012	Johan Rydahl 00:59,78 30/6-2013	Johan Rydahl 00:55,48 5/7-2014
<b>200 fr</b>	Lex Albringer 02:51,32 30/6-2017	Adam Albringer 02:45,86 3/7-2010	Johan Rydahl 02:17,76 20/5-2013	Johan Rydahl 02:08,04 7/6-2014
<b>400 fr</b>	Lex Albringer 05:47,93 30/6-2017	Johan Rydahl 05:19,07 7/7-2012	Johan Rydahl 04:36,31 1/6-2013	Johan Rydahl 04:23,74 26/6-2014
<b>800 fr</b>			Johan Rydahl 09:41,07 8/6-2013	Johan Rydahl 09:12,77 23/5-2014
<b>1500 fr</b>	76		Johan Rydahl 18:20,81 5/7-2013	Johan Rydahl 17:31,75 2/7-2014
<b>50 br</b>	Lex Albringer 00:46,67 30/6-2017	August Mathisen 00:42,82 10/3-2012	Johan Rydahl 00:36,42 7/7-2013	Johan Rydahl 00:33,01 6/7-2014
<b>100 br</b>	Lex Albringer 01:40,06 30/6-2017	August Mathisen 01:33,86 7/7-2012	Adam A/ Johan R 01:26,55 3/7-2013 20/5-2013	Johan Rydahl 01:16,01 7/6-2014
<b>200 br</b>		August Mathisen 03:35,08 17/6-2012	Ludvig Mathisen 03:11,66 25/4-2015	Johan Rydahl 02:46,21 24/5-2014
<b>50 ry</b>	Johan Rydahl 00:43,89 3/7-2011	Johan Rydahl 00:37,75 7/7-2012	Johan Rydahl 00:31,89 6/7-2013	Johan Rydahl 00:31,26 31/5-2014
<b>100 ry</b>	Lex Albringer 01:35,37 30/6-2017	Johan Rydahl 01:22,76 16/6-2012	Johan Rydahl 01:10,34 5/7-2013	Johan Rydahl 01:05,91 29/6-2014
<b>200 ry</b>		Adam Albringer 02:59,08 4/7-2010	David Albringer 03:04,60 28/4-2013	Johan Rydahl 02:29,62 25/5-2014
<b>50 fj</b>	Johan Rydahl 00:40,55 2/7-2011	Johan Rydahl 00:34,29 6/7-2012	Johan Rydahl 00:29,83 5/7-2013	Johan Rydahl 00:28,60 31/5-2014
<b>100 fj</b>	Lex Albringer 01:34,77 30/6-2017	Johan Rydahl 01:23,51 7/7-2012	Johan Rydahl 01:08,44 6/7-2013	Johan Rydahl 01:01,41 28/6-2014
<b>200 fj</b>				Adam Albringer 02:44,36 16/6-2012
<b>200 me</b>	Lex Albringer 03:12,88 30/6-2017	Johan Rydahl 02:57,50 8/7-2012	Johan Rydahl 02:31,65 28/6-2013	Johan Rydahl 02:20,67 27/6-2014
<b>400 me</b>		Adam Albringer 06:24,04 4/7-2010	Johan Rydahl 05:32,74 8/6-2013	Johan Rydahl 04:55,79 29/6-2014

	14 år	15 år	16 år	17 år
<b>50 fr</b>	Johan Rydahl 00:25,32 1/7-2015	Johan Rydahl 00:24,71 10/7-2016	Johan Rydahl 00:24,59 3/7-2017	<b>Johan Rydahl 00:24,83</b> 4/3-2018
<b>100 fr</b>	Johan Rydahl 00:54,90 26/6-2015	Johan Rydahl 00:53,26 9/7-2016	Johan Rydahl 00:52,38 24/7-2017	<b>Johan Rydahl 00:52,89</b> 7/8-2018
<b>200 fr</b>	Johan Rydahl 01:59,43 27/6-2015	Johan Rydahl 02:00,10 3/7-2016	Axel Rebner 02:01,17 24/7-2010	Victor Westerlund 01:58,17 1/7-2009
<b>400 fr</b>	Johan Rydahl 04:18,54 25/6-2015	Axel Rebner 04:15,39 17/7-2009	Axel Rebner 04:12,44 23/7-2010	Victor Westerlund 04:11,76 4/7-2009
<b>800 fr</b>	Johan Rydahl 09:05,43 4/7-2015	Axel Rebner 08:59,20 5/7-2009	Axel Rebner 08:41,48 18/7-2010	Victor Westerlund 08:44,08 5/7-2009
<b>1500 fr</b>	Johan Rydahl 18:00,04 25/4-2015	Axel Rebner 16:59,50 19/7-2009	Axel Rebner 16:24,22 15/7-2010	Axel Rebner 16:36,90 8/5-2011
<b>50 br</b>	Simon Vestin 00:33,86 18/6-2006	August Mathisen 00:31,93 10/7-2016	Johan Rydahl 00:31,74 28/4-2017	<b>August Mathisen 00:30,39</b> 8/4-2018
<b>100 br</b>	Simon Vestin 01:12,79 16/7-2006	August Mathisen 01:11,15 10/7-2016	August Mathisen 01:09,93 11/6-2017	<b>August Mathisen 01:05,95</b> 6/4-2018
<b>200 br</b>	August Mathisen 02:39,65 4/7-2015	August Mathisen 02:33,00 3/7-2016	Nils Ivars 02:33,82 17/7-2009	<b>August Mathisen 02:26,79</b> 5/4-2018
<b>50 ry</b>	Johan Rydahl 00:29,14 6/6-2015	Johan Rydahl 00:30,24 2/5-2016	Johan Rydahl 00:28,30 15/5-2017	<b>Johan Rydahl 00:28,54</b> 4/3-2018
<b>100 ry</b>	Johan Rydahl 01:02,28 28/6-2015	Johan Rydahl 01:01,98 3/7-2016	Johan Rydahl 01:01,21 10/4-2017	Erik Gissén 01:03,22 2/7-2009
<b>200 ry</b>	Johan Rydahl 02:21,10 23/5-2015	Clas Jonsson 02:16,44 ??/??-1985	Adam Albringer 02:14,24 27/6-2015	Erik Gissén 02:17,65 16/7-2009
<b>50 fj</b>	Johan Rydahl 00:27,15 24/1-2015	Johan Rydahl 00:26,22 27/5-2016	Johan Rydahl 00:25,60 13/5-2017	Alexander Vestin 00:26,21 20/4-2013
<b>100 fj</b>	Johan Rydahl 00:59,96 6/6-2015	Johan Rydahl 00:58,17 3/7-2016	Johan Rydahl 00:55,98 9/4-2017	<b>Johan Rydahl 00:56,23</b> 6/4-2018
<b>200 fj</b>	Axel Rebner 02:29,08 13/7-2008	Axel Rebner 02:17,88 19/7-2009	Axel Rebner 02:14,14 15/7-2010	<b>Johan Rydahl 02:09,53</b> 27/1-2018
<b>200 me</b>	Johan Rydahl 02:18,13 6/6-2015	Johan Rydahl 02:16,50 3/7-2016	Johan Rydahl 02:13,38 12/7-2017	<b>Johan Rydahl 02:12,14</b> 8/4-2018
<b>400 me</b>	Johan Rydahl 04:53,22 24/1-2015	Adam Albringer 05:13,59 6/4-2014	Axel Rebner 04:55,47 22/7-2010	Oskar Holm 04:49,71 18/7-2010



	18 år	19 år	20 år	Klubbrekord
<b>50 fr</b>	Simon Vestin 00:24,43 17/7-2010	Simon Vestin 00:24,45 8/5-2011	Erik Gissén 00:23,97 28/6-2012	Nils Liedberg 00:23,49 24/1-1985
<b>100 fr</b>	Victor Westerlund 00:54,47 16/7-2010	Victor Westerlund 00:53,63 12/3-2011	Erik Gissén 00:53,10 10/3-2012	Nils Liedberg 00:52,12 26/1-2015
<b>200 fr</b>	Victor Westerlund 01:58,19 15/7-2010	Victor Westerlund 01:58,31 22/5-2011	Erik Gissén 01:55,64 20/5-2012	Erik Gissén 01:55,64 20/5-2012
<b>400 fr</b>	Victor Westerlund 04:12,09 24/4-2010	Victor Westerlund 04:12,97 21/5-2011	Simon Wanna 04:03,80 5/4-2016	Simon Wanna 04:03,80 5/4-2016
<b>800 fr</b>	Victor Westerlund 08:38,69 18/7-2010	Axel Rebner 08:43,84 10/3-2013	Simon Wanna 08:31,41 6/3-2016	Simon Wanna 08:31,41 6/3-2016
<b>1500 fr</b>	Axel Rebner 16:12,64 28/6-2012	Anton Björck-Teuscher 16:39,52 5/2-2012	Simon Wanna 16:00,23 4/4-2016	Simon Wanna 16:00,23 4/4-2016
<b>50 br</b>	Simon Vestin 00:31,04 19/3-2010	Simon Vestin 00:30,78 12/3-2011	Nils Ivars 00:30,53 18/5-2013	<b>August Mathisen 00:30,39</b> <b>8/4-2018</b>
<b>100 br</b>	Simon Vestin 01:09,77 3/7-2010	Simon Vestin 01:09,25 29/6-2011	Nils Ivars 01:08,04 7/7-2013	<b>August Mathisen 01:05,95</b> <b>6/4-2018</b>
<b>200 br</b>	Anton Björck-Teuscher 02:35,52	Simon Vestin 02:34,51 22/5-2011	Nils Ivars 02:28,33 21/5-2013	<b>August Mathisen 02:26,79</b> <b>5/4-2018</b>
<b>50 ry</b>	Simon Vestin 00:28,89 15/7-2010	Erik Gissén 00:28,83 12/3-2011	Erik Gissén 00:27,97 22/4-2012	Erik Gissén 00:27,00 3/7-2015
<b>100 ry</b>	Henrik Norén 01:00,84 ??/??-1997	Erik Gissén 01:01,52 12/3-2011	Erik Gissén 00:59,39 21/4-2012	Erik Gissén 00:57,64 2/7-2016
<b>200 ry</b>	Erik Gissén 02:13,09 4/7-2010	Erik Gissén 02:08,43 8/5-2011	Erik Gissén 02:07,83 22/4-2012	Erik Gissén 02:04,68 6/3-2016
<b>50 fj</b>	Axel Rebner 00:27,04 10/3-2012	Erik Gissén 00:26,66 7/5-2011	Anders Melin 00:25,62 18/7-2008	Erik Gissén 00:24,99 8/7-2016
<b>100 fj</b>	Axel Rebner 00:59,13 1/7-2012	Erik Gissén 00:58,07 8/5-2011	Erik Gissén 00:56,87 1/7-2012	Erik Gissén 00:55,52 9/7-2015
<b>200 fj</b>	Erik Gissén 02:13,01 15/7-2010	Erik Gissén 02:10,12 7/5-2011	Oskar Holm 02:08,29 9/3-2013	Lars Lindeberg 02:07,68 ??/??-1970
<b>200 me</b>	Erik Gissén 02:18,47 2/7-2006	Erik Gissén 02:14,76 22/5-2011	Erik Gissén 02:14,55 20/5-2012	Lars Axelsson 02:11,47 ??/??-1991
<b>400 me</b>	Oskar Holm 04:54,92 3/7-2011	Anton Björck-Teuscher 04:48,96 4/2-2012	Anton Björck-Teuscher 04:46,50 20/4-2013	Lars Axelsson 04:44,56 ??/??-1991

<b>Åldersrekord – Damer (50m)</b>				
	<b>10 år och yngre</b>	<b>11 år</b>	<b>12 år</b>	<b>13 år</b>
<b>50 fr</b>	Miranda Wahlstedt 00:32,79 10/7-2016	Linnéa Englund 00:30,81 6/7-2014	Linnéa Englund 00:29,37 6/6-2015	Linnéa Englund 00:28,82 30/4-2016
<b>100 fr</b>	Miranda Wahlstedt 01:10,91 10/7-2016	Linnéa Englund 01:08,09 5/7-2014	Linnéa Englund 01:02,71 1/7-2015	Linnéa Englund 01:00,48 2/4-2016
<b>200 fr</b>	Miranda Wahlstedt 02:45,86 9/4-2016	Miranda Wahlstedt 02:29,33 21/5-2017	Linnéa Englund 02:20,32 24/5-2015	Linnéa Englund 02:12,94 30/3-2016
<b>400 fr</b>	Joline Bakken 06:26,06 4/7-2015	Miranda Wahlstedt 05:13,81 30/6-2017	Isabelle Rydahl 05:05,88 30/5-2015	Isabelle Rydahl 04:58,34 1/4-2016
<b>800 fr</b>		Isabelle Rydahl 12:26,42 31/5-2014	Sofie Olsson 10,26,99 28/6-2003	Isabelle Rydahl 10:34,75 9/4-2016
<b>1500 fr</b>			Sofie Olsson 20,37,60 7/6-2003	Emelie Burstedt 21,22,26 28/6-2008
<b>50 br</b>	Miranda Wahlstedt 00:44,47 27/5-2016	Linnéa Englund 00:38,38 6/7-2014	Linnéa Englund 00:34,42 2/7-2015	Linnéa Englund 00:33,75 27/5-2016
<b>100 br</b>	Miranda Wahlstedt 01:34,28 10/7-2016	Linnéa Englund 01:24,53 5/7-2014	Linnéa Englund 01:14,34 26/6-2015	Linnéa Englund 01:12,25 2/4-2016
<b>200 br</b>		Emelie Burstedt 3,26,65 1/7-2006	Linnéa Englund 02:44,98 6/6-2015	Linnéa Englund 02:40,85 1/4-2016
<b>50 ry</b>	Miranda Wahlstedt 00:40,67 10/7-2016	Isabelle Rydahl 39,02 5/7-2014	Kristina Johansson 35,12 18/6-2000	Clara Gustavson 00:35,11 10/7-2016
<b>100 ry</b>	Miranda Wahlstedt 01:26,24 10/7-2016	Miranda Wahlstedt 01:22,54 18/6-2017	Kristina Johansson 1,16,77 28/5-2000	Linnéa Englund 01:12,32 2/7-2016
<b>200 ry</b>		Sofie Forseryd 3,18,55 2/7-2004	Linnéa Englund 02:55,65 30/5-2015	<b>Joline Bakken 02:42,44</b> <b>24/3-2018</b>
<b>50 fj</b>	Joline Bakken 00:41,69 22/5-2015	Isabelle Rydahl 00:36,56 25/5-2014	Linnéa Englund 00:31,40 22/5-2015	Linnéa Englund 00:30,32 30/3-2016
<b>100 fj</b>	Joline Bakken 01:39,10 4/7-2015	Linnéa Englund 01:21,41 5/7-2014	Isabelle Rydahl 01:16,42 26/4-2015	Linnéa Englund 01:06,74 31/3-2016
<b>200 fj</b>			Isabelle Rydahl 03:06,08 6/6-2015	<b>Joline Bakken 03:05,69</b> <b>8/3-2018</b>
<b>200 me</b>	Miranda Wahlstedt 03:07,01 28/5-2016	Linnéa Englund 02:47,86 6/7-2014	Linnéa Englund 02:38,39 23/5-2015	Linnéa Englund 02:26,88 1/4-2016
<b>400 me</b>		Joline Bakken 07:01,62 27/5-2016	Joline Bakken 06:20,62 19/5-2017	<b>Linnea Lindberg 05:50,74</b> <b>24/3-2018</b>

	14 år	15 år	16 år	17 år
<b>50 fr</b>	Linnéa Englund 00:28,52 10/6-2017	Nanna Rask 29,13 20/11-2004	<b>Michelle Träff 00:28,87</b> <b>7/4-2018</b>	Linnéa Svärd 29,30 19/5-2012
<b>100 fr</b>	Linnéa Englund 01:00,24 12/7-2017	<b>Linnéa Englund 01:00,34</b> <b>8/3-2018</b>	Anna Johansson 1,01,60 28/5-2000	Ronja Johansson-Eld 1,04,07 15/5-2010
<b>200 fr</b>	Linnéa Englund 02:11,35 12/7-2017	<b>Isabelle Rydahl 02:13,93</b> <b>24/3-2018</b>	Anna Johansson 2,12,77 16/7-2000	Anna Johansson 2,12,85 27/6-2001
<b>400 fr</b>	Isabelle Rydahl 04:51,83 27/3-2017	<b>Isabelle Rydahl 04:49,58</b> <b>7/4-2018</b>	Anna Johansson 4,39,25 16/7-2000	Anna Johansson 4,36,27 27/6-2001
<b>800 fr</b>	Isabelle Rydahl 10:12,78 19/5-2017	<b>Isabelle Rydahl 10:16,63</b> <b>24/3-2018</b>	Anna Johansson 9,33,01 20/7-2000	Anna Johansson 9,25,16 27/6-2001
<b>1500 fr</b>	Emelie Burstedt 20,18,34 22/5-2009	Emelie Burstedt 19,51,76 21/5-2010	Emelie Burstedt 19,48,29 20/5-2011	Anna Johansson 18,16,26 27/6-2001
<b>50 br</b>	Linnéa Englund 00:33,49 9/4-2017	Ronja Johansson-Eld 37,03 23/5-2008	Ronja Johansson-Eld 37,68 14/6-2009	Michaela Thyberg 00:36,57 30/6-2017
<b>100 br</b>	Linnéa Englund 01:13,70 11/4-2017	<b>Linnéa Englund 01:19,42</b> <b>8/3-2018</b>	Michaela Thyberg 01:21,81 29/4-2016	Michaela Thyberg 01:20,26 30/6-2017
<b>200 br</b>	Ronja Johansson-Eld 2,55,36 27/5-2007	<b>Linnéa Englund 02:46,44</b> <b>8/3-2018</b>	Michaela Thyberg 02:53,83 10/7-2016	Michaela Thyberg 02:55,65 12/7-2017
<b>50 ry</b>	Clara Gustavson 00:33,05 11/6-2017	<b>Linnéa Englund 00:33,60</b> <b>8/3-2018</b>	Michaela Thyberg 00:34,62 10/7-2016	Michaela Thyberg 00:34,19 30/6-2017
<b>100 ry</b>	Kristina Johansson 1,10,72 27/6-2002	Lina Watz 1,12,94 23/7-2011	<b>Michelle Träff 01:11,20</b> <b>6/4-2018</b>	Ajla Omic 01:13,10 11/6-2016
<b>200 ry</b>	Kristina Johansson 2,34,57 27/6-2002	Michelle Träff 02:37,03 10/6-2017	<b>Michelle Träff 02:32,60</b> <b>7/4-2018</b>	Ajla Omic 02:40,65 11/6-2016
<b>50 fj</b>	Linnéa Englund 00:30,02 8/4-2017	<b>Isabelle Rydahl 00:31,36</b> <b>5/4-2018</b>	<b>Michelle Träff 00:30,94</b> <b>6/4-2018</b>	Elvira Eklund-Ramböl 00:32,23 7/6-2014
<b>100 fj</b>	Linnéa Englund 01:09,05 8/4-2017	<b>Isabelle Rydahl 01:10,01</b> <b>6/8-2018</b>	<b>Michelle Träff 01:13,96</b> <b>25/3-2018</b>	Elvira Eklund-Ramböl 01:12,15 7/6-2014
<b>200 fj</b>	Ingrid Hellgren 02:57,94 21/5-2017	<b>Isabelle Rydahl 02:39,85</b> <b>8/3-2018</b>	Kim Kessler 2,47,49 28/6-2003	Elvira Eklund-Ramböl 02:36,16 31/5-2014
<b>200 me</b>	Linnéa Englund 02:27,44 10/4-2017	<b>Linnéa Englund 02:31,77</b> <b>8/3-2018</b>	Maja Linderholm 2,43,55 20/5-2012	Elvira Eklund-Ramböl 02:42,34 5/4-2014
<b>400 me</b>	Isa Bylund-Viksten 5,58,21 7/6-2003	<b>Isabelle Rydahl 05:39,25</b> <b>8/3-2018</b>	Anna Hjort 5,52,38 15/6-2002	Maja Linderholm 05:42,24 27/4-2013

	18 år	19 år	20 år	Klubbrekord
<b>50 fr</b>	Karin Melin 29,75	Linda Jakobsson 29,29	Lina Watz 00:28,93	Cherie Ullström 00:28,29
	19/5-2012	20/11-2004	11/9-2016	??/??-1994
<b>100 fr</b>	Elvira Eklund-Ramböl 01:03,37	Anna Johansson 1,02,42	Maria Larsson 1,01,76	Kerstin Gustafsson 00:59,47
	23/5-2015	7/6-2003	8/3-2009	??/??-1980
<b>200 fr</b>	Anna Johansson 2,11,30	Anna Johansson 2,08,66	Elvira Eklund-Ramböl 02:14,83	Anna Johansson 02:08,66
	3/7-2002	5/5-2003	26/3-2017	5/5-2003
<b>400 fr</b>	Anna Johansson 4,33,07	Anna Johansson 4,28,48	Maria Larsson 4,41,48	Anna Johansson 04:28,48
	3/7-2002	5/5-2003	1/7-2009	5/5-2003
<b>800 fr</b>	Anna Johansson 9,17,68	Anna Johansson 9,23,14	Maria Larsson 9,33,01	Kerstin Gustafsson 09:11,39
	3/7-2002	27/6-2003	3/7-2009	??/??-1980
<b>1500 fr</b>	Sara Rydberg 20,19,06			Anna Johansson 18:16,26
	19/6-2004			27/6-2001
<b>50 br</b>	Elvira Eklund-Ramböl 00:40,93	Linda Jakobsson 40,56		Linnéa Englund 00:33,49
	??/??-2015	9/5-2004		9/4-2017
<b>100 br</b>	Linda Jakobsson 1,31,47	Linda Jakobsson 1,36,29		Linnéa Englund 01:12,25
	28/6-2003	29/5-2004		2/4-2016
<b>200 br</b>				Linnéa Englund 02:40,85
				1/4-2016
<b>50 ry</b>	Elvira Eklund-Ramböl 00:34,09	Elvira Eklund-Ramböl 00:33,05	Elvira Eklund-Ramböl 00:33,04	Elvira Eklund-Ramböl 00:33,04
	6/6-2015	29/4-2016	19/5-2017	19/5-2017
<b>100 ry</b>	Anna Johansson 1,13,92	Elvira Eklund-Ramböl 01:12,21	Elvira Eklund-Ramböl 01:11,17	Kristina Johansson 01:10,72
	15/6-2002	9/7-2016	10/6-2017	27/6-2002
<b>200 ry</b>	Emelie Holm 02:55,17	Emelie Holm 2,48,32	Elvira Eklund-Ramböl 02:37,58	Anne Kisberg 02:30,57
	23/5-2009	14/5-2010	20/5-2017	??/??-1980
<b>50 fj</b>	Elvira Eklund-Ramböl 00:30,65	Elvira Eklund-Ramböl 00:31,38	Elvira Eklund-Ramböl 00:32,18	Linnéa Englund 00:30,02
	1/7-2015	27/5-2016	8/4-2017	8/4-2017
<b>100 fj</b>	Elvira Eklund-Ramböl 01:09,54	Elvira Eklund-Ramböl 01:08,95	Elvira Eklund-Ramböl 01:09,96	Ann Axelsson 01:06,26
	18/4-2015	29/4-2016	11/4-2017	??/??-1980
<b>200 fj</b>	Elvira Eklund-Ramböl 02:28,67	Elvira Eklund-Ramböl 02:25,34	Elvira Eklund-Ramböl 02:29,49	Elvira Eklund-Ramböl 02:25,34
	24/5-2015	2/4-2016	4/7-2017	2/4-2016
<b>200 me</b>	Elvira Eklund-Ramböl 02:37,61	Elvira Eklund-Ramböl 02:31,97	Elvira Eklund-Ramböl 02:30,27	Linnéa Englund 02:26,88
	25/4-2015	30/3-2016	10/4-2017	1/4-2016
<b>400 me</b>	Elvira Eklund-Ramböl 05:39,86	Elvira Eklund-Ramböl 05:19,72	Elvira Eklund-Ramböl 05:19,04	Kerstin Gustafsson 05:11,04
	25/4-2015	31/3-2016	10/6-2017	??/??-1980

## Herrlag 25m

### Junior

Distans	Förening	Tid	Datum	Plats
4x50m fr	Karlstads SS	01:33,32	12-01-29	Upplands-Väsby
Erik Gissén (00:23,06), Nils Ivars (00:23,88), Axel Rebner (00:23,58), Simon Vestin (00:22,80)				
4x100m fr	Karlstads SS	03:29,21	12-11-22	Helsingborg
Erik Gissén (51,10), Oskar Holm (52,00), Axel Rebner (52,68), Oskar Olsson (53,43)				
4x200m fr	Karlstads SS	07:35,83	12-11-23	Helsingborg
Erik Gissén (01:52,96), Oskar Holm (01:53,75), Axel Rebner (01:53,95), Oskar Olsson (01:55,17)				
4x50m me	Karlstads SS	01:45,01	12-01-27	Upplands-Väsby
Erik Gissén (00:26,38), Nils Ivars (00:29,85), Axel Rebner (00:25,66), Simon Vestin (00:23,12)				
4x100m me	Karlstads SS	03:53,82	13-11-24	Göteborg
Oskar Olsson (00:59,25), Nils Ivars (1:04,99), Emil Gilliusson (00:56,69), Elias Haglund (00:53,12)				

### Senior

Distans	Förening	Tid	Datum	Plats
4x50m fr	Karlstads SS	01:31,04	11-11-27	Stockholm
Anders Melin (00:22,94), Hans Albrektsson (00:22,58), Simon Vestin (00:22,62), Erik Gissén(00:22,90)				
4x100m fr	Karlstads SS	03:24,61	11-11-24	Stockholm
Anders Melin (00:50,56), Hans Albrektsson (00:51,19), Simon Vestin (00:52,30), Erik Gissén(00:50,56)				
4x200m fr	Karlstads SS	07:35,83	12-11-23	Helsingborg
Erik Gissén (01:52,96), Oskar Holm (01:53,75), Axel Rebner (01:53,95), Oskar Olsson (01:55,17)				
4x50m me	Karlstads SS	01:41,52	11-11-25	Stockholm
Erik Gissén (00:25,63), Simon Vestin (00:29,25), Anders Melin (00:23,85), Hans Albrektsson (00:22,79)				
4x100m me	Karlstads SS	03:47,39	17-11-05	Jönköping
Erik Gissén (00:55,77), August Mathisen (01:05,47), Johan Rydahl (00:53,84), Elias Haglund (00:52,31)				

## Damlag 25m

### Junior

Distans	Förening	Tid	Datum	Plats
4x50m fr	Karlstads SS	01:51,33	17-10-14	Västerås
Isabelle Rydahl (00:28,04), Elvira Eklund-Ramböl (00:28,32), Linnéa Englund (00:26,65), Michelle Träff (00:28,32)				
4x100m fr	Karlstads SS	04:00,37	17-11-03	Jönköping
Elvira Eklund-Ramböl (01:00,81), Isabelle Rydahl (01:00,40), Linnéa Englund (00:57,70), Michelle Träff (01:01,46)				
4x200m fr	Karlstads SS	08:37,46	16-11-04	Stockholm
Linnéa Englund (02:07,49), Elvira Eklund-Ramböl (02:08,40), Elin Thörner (02:08,79), Isabelle Rydahl (02:12,79)				
<b>4x50m me</b>	<b>Karlstads SS</b>	<b>02:03,22</b>	<b>18-02-03</b>	<b>Örebro</b>
<b>Clara Gustavson (00:32,90), Linnéa Englund (00:32,27), Michelle Träff (00:30,61), Isabelle Rydahl (00:27,44)</b>				
4x100m me	Karlstads SS	04:21,04	17-11-05	Jönköping
Michelle Träff (01:07,09), Linnéa Englund (01:07,73), Elvira Eklund-Ramböl (01:06,40), Isabelle Rydahl (00:59,82)				

### Senior

Distans	Förening	Tid	Datum	Plats
4x50m fr	Karlstads SS	01:51,33	17-10-14	Västerås
Isabelle Rydahl (00:28,04), Elvira Eklund-Ramböl (00:28,32), Linnéa Englund (00:26,65), Michelle Träff (00:28,32)				
4x100m fr	Karlstads SS	03:53,99	80-03-22	?
Elisabeth Wiklund (01:00,34), Ann Axelsson (00:57,27), Anne Kisberg (00:58,81), Kerstin Gustavsson (00:57,58)				
4x200m fr	Karlstads SS	08:35,42	79-11-30	?
Kerstin Gustavsson, Anne Kisberg, Elisabeth Wiklund, Ann Axelsson				
<b>4x50m me</b>	<b>Karlstads SS</b>	<b>02:03,22</b>	<b>18-02-03</b>	<b>Örebro</b>
<b>Clara Gustavson (00:32,90), Linnéa Englund (00:32,27), Michelle Träff (00:30,61), Isabelle Rydahl (00:27,44)</b>				
4x100m me	Karlstads SS	04:21,04	17-11-05	Jönköping
Michelle Träff (01:07,09), Linnéa Englund (01:07,73), Elvira Eklund-Ramböl (01:06,40), Isabelle Rydahl (00:59,82)				

## Herrlag 50m

### Junior

Distans	Förening	Tid	Datum	Plats
4x50m fr	Karlstads SS	01:50,03	15-07-04	Norrköping
David Albringer (00:28,49), Niclas Lindow (00:26,22), Johannes Vålvik (00:26,89), August Mathisen (00:28,43)				
4x100m fr	Karlstads SS	03:35,72	12-07-01	Norrköping
Victor Westerlund (00:54,21), Erik Gissén (00:52,41), Oskar Holm (00:54,65), Axel Rebner (00:54,45)				
4x200m fr	Karlstads SS	07:51,88	12-06-29	Norrköping
Victor Westerlund (02:00,04), Erik Gissén (01:56,21), Oskar Holm (01:58,49), Axel Rebner (01:57,14)				
4x50m me	Karlstads SS	02:05,15	15-07-04	Norrköping
Johannes Vålvik (00:32,01), August Mathisen (00:34,93), David Albringer (00:31,27), Niclas Lindow (00:26,94)				
4x100m me	Karlstads SS	04:03,39	12-06-28	Norrköping
Erik Gissén (01:00,30), Nils Ivars (01:11,34), Axel Rebner (00:57,62), Victor Westerlund (00:54,13)				

### Senior

Distans	Förening	Tid	Datum	Plats
4x50m fr	Karlstads SS	01:42,72	95-07-19	?
4x100m fr	Karlstads SS	03:35,72	12-07-01	Norrköping
Victor Westerlund (00:54,21), Erik Gissén (00:52,41), Oskar Holm (00:54,65), Axel Rebner (00:54,45)				
4x200m fr	Karlstads SS	07:51,88	12-06-29	Norrköping
Victor Westerlund (02:00,04), Erik Gissén (01:56,21), Oskar Holm (01:58,49), Axel Rebner (01:57,14)				
4x50m me	Karlstads SS	01:49,19	95-07-21	?
4x100m me	Karlstads SS	04:02,60	17-06-30	Borås
Erik Gissén (01:00,86), August Mathisen (01:10,06), Johan Rydahl (00:57,19), Elias Haglund (00:54,49)				

## Damslag 50m

### Junior

Distans	Förening	Tid	Datum	Plats
4x50m fr	Karlstads SS	02:00,13	17-07-01	Norrköping
<a href="#">Michelle Träff (00:29,90)</a> , <a href="#">Emma Hjort (00:29,44)</a> , <a href="#">Clara Gustavson (00:30,46)</a> , <a href="#">Emmy Hedin (00:30,33)</a>				
4x100m fr	Karlstads SS	04:06,77	17-06-29	Borås
<a href="#">Linnéa Englund (01:00,57)</a> <a href="#">Elin Thörner (01:01,54)</a> , <a href="#">Isabelle Rydahl (01:02,61)</a> , <a href="#">Elvira Eklund-Ramböl (01:02,05)</a>				
4x200m fr	Karlstads SS	09:01,71	17-03-26	Göteborg
<a href="#">Linnéa Englund (02:16,37)</a> , <a href="#">Elvira Eklund-Ramböl (02:16,98)</a> , <a href="#">Elin Thörner (02:12,09)</a> , <a href="#">Isabelle Rydahl (02:16,27)</a>				
4x50m me	Karlstads SS	02:14,18	17-07-01	Norrköping
<a href="#">Clara Gustavson (00:35,23)</a> , <a href="#">Michaela Thyberg (00:36,48)</a> , <a href="#">Michelle Träff (00:32,51)</a> , <a href="#">Emma Hjort (00:29,96)</a>				
4x100m me	Karlstads SS	04:36,56	17-03-27	Göteborg
<a href="#">Elvira Eklund-Ramböl (01:11,67)</a> , <a href="#">Linnéa Englund (01:13,84)</a> <a href="#">Elin Thörner (01:08,48)</a> , <a href="#">Isabelle Rydahl (01:02,57)</a>				

### Senior

Distans	Förening	Tid	Datum	Plats
4x50m fr	Karlstads SS	02:00,13	17-07-01	Norrköping
<a href="#">Michelle Träff (00:29,90)</a> , <a href="#">Emma Hjort (00:29,44)</a> , <a href="#">Clara Gustavson (00:30,46)</a> , <a href="#">Emmy Hedin (00:30,33)</a>				
4x100m fr	Karlstads SS	04:06,61	79-07-28	?
<a href="#">Elisabeth Wiklund (01:03,44)</a> , <a href="#">Kerstin Gustafsson (01:01,37)</a> , <a href="#">Anne Kisberg (01:00,47)</a> , <a href="#">Ann Axelsson (01:01,33)</a>				
4x200m fr	Karlstads SS	08:56,64	80-08-01	
<a href="#">Anne Kisberg (02:11,66)</a> <a href="#">Ann Axelsson (02:12,04)</a> , <a href="#">Berit Alfredsson (02:21,67)</a> , <a href="#">Elisabeth Wiklund (02:11,27)</a>				
4x50m me	Karlstads SS	02:14,18	17-07-01	Norrköping
<a href="#">Clara Gustavson (00:35,23)</a> , <a href="#">Michaela Thyberg (00:36,48)</a> , <a href="#">Michelle Träff (00:32,51)</a> , <a href="#">Emma Hjort (00:29,96)</a>				
4x100m me	Karlstads SS	04:36,56	17-03-27	Göteborg
<a href="#">Elvira Eklund-Ramböl (01:11,67)</a> , <a href="#">Linnéa Englund (01:13,84)</a> <a href="#">Elin Thörner (01:08,48)</a> , <a href="#">Isabelle Rydahl (01:02,57)</a>				



## Mixedlag 25m

### Junior

Distans	Förening	Tid	Datum	Plats
4x50m fr	Karlstads SS	01:45,29	15-05-01	Göteborg
David Albringer (00:26,55), Johan Rydahl (00:24,22), Elvira Eklund-Ramböl (00:27,76), Linnéa Englund (00:26,76)				
4x100m fr	Karlstads SS	05:11,30	17-12-02	Säffle
Erik Pellfolk (01:19,07), Erik Bjurenhed (01:34,26), Linnea Lindberg (01:09,20), Miranda Wahlstedt (01:08,77)				
4x200m fr	Karlstads SS			
4x50m me	Karlstads SS	01:56,79	16-04-30	Göteborg
Elvira Eklund-Ramböl (00:31,84), August Mathisen (00:31,96), Johan Rydahl (00:25,53), Linnéa Englund (00:27,46)				
4x100m me	Karlstads SS	05:40,15	17-12-02	Säffle
Erik Pellfolk (01:26,65), Miranda Wahlstedt (01:28,57), Linnea Lindberg (01:17,97), Erik Bjurenhed (01:26,96)				

### Senior

Distans	Förening	Tid	Datum	Plats
4x50m fr	Karlstads SS	01:45,29	15-05-01	Göteborg
David Albringer (00:26,55), Johan Rydahl (00:24,22), Elvira Eklund-Ramböl (00:27,76), Linnéa Englund (00:26,76)				
4x100m fr	Karlstads SS	05:11,30	17-12-02	Säffle
Erik Pellfolk (01:19,07), Erik Bjurenhed (01:34,26), Linnea Lindberg (01:09,20), Miranda Wahlstedt (01:08,77)				
4x200m fr	Karlstads SS			
4x50m me	Karlstads SS	01:56,79	16-04-30	Göteborg
Elvira Eklund-Ramböl (00:31,84), August Mathisen (00:31,96), Johan Rydahl (00:25,53), Linnéa Englund (00:27,46)				
4x100m me	Karlstads SS	05:40,15	17-12-02	Säffle
Erik Pellfolk (01:26,65), Miranda Wahlstedt (01:28,57), Linnea Lindberg (01:17,97), Erik Bjurenhed (01:26,96)				

**Mixedlag 50m****Junior**

Distans	Förening	Tid	Datum	Plats
4x50m fr	Karlstads SS			
4x100m fr	Karlstads SS			
4x200m fr	Karlstads SS			
4x50m me	Karlstads SS	02:00,26	16-04-29	Göteborg
<a href="#">Elvira Eklund-Ramböl (00:33,05), August Mathisen (00:32,74), Linnéa Englund (00:27,46), Johan Rydahl (00:24,46)</a>				
4x100m me	Karlstads SS			

**Senior**

Distans	Förening	Tid	Datum	Plats
4x50m fr	Karlstads SS			
4x100m fr	Karlstads SS			
4x200m fr	Karlstads SS			
4x50m me	Karlstads SS	02:00,26	16-04-29	Göteborg
<a href="#">Elvira Eklund-Ramböl (00:33,05), August Mathisen (00:32,74), Linnéa Englund (00:27,46), Johan Rydahl (00:24,46)</a>				
4x100m me	Karlstads SS			